

Philippians 4

As you look back on 2022 how would you describe it and why?

What brought you joy? What sapped your joy?

Read Philippians 4

1. What stands out to you as we read the chapter?

2. What is Paul calling the Philippians church to know and apply?

3. What were the challenges facing the church in Philippi?
3v1-3, 17-21, 4v1

6. What does that rejoicing lead to in the verses that follow?

4v2-3

4. Where might we face similar challenges? What will standing firm look like?

7. From v10 onwards Paul models what rejoicing in the Lord has meant to him. How has it impacted his life and the situations he has faced?

5. It's against that backdrop that Paul writes v4. What is he calling them to do and what does that look like?

8. How can we help one another rejoice in the Lord as we face the year ahead?